



Short Title: Training kit on innovative food products, processes and agri-business models to create sustainable and nutritious foods in Sub-Saharan Africa

To meet economic and population expansion difficulties due to rising urbanization, it is crucial to develop sustainable, inclusive, and nutritious food products and business structures. Many actors in the food systems in Sub-Saharan Africa (SSA) have great ideas on how to tackle their specific needs to increase food security and nutrition through novel food products and local initiatives. To support this, a training kit (T-Kit) was developed, and a summer school organized as part of the HFA project.

The T-Kit was designed to be used during the '1st Summer School on innovative food products, processes and agri-business models in SSA'. Two of the objectives of the T-Kit were: 1) to illustrate the potential of innovative, nutritious, and locally based products, and 2) to enhance capacity of actors to develop food innovations. The T-Kit can be used by trainees for reviewing the subject areas even after the training. It is a handbook for different kinds of vocational and tertiary education, entrepreneurs, etc in SSA context.

In total, 39 participants made up of 23 women and 16 men from Ghana, Kenya, Uganda, Nigeria and Zambia took part in the online summer school from the 4th to the 8th of July 2022. There were 4 sessions based on; sustainability, sustainability of food systems, innovation of business models, and life cycle

thinking for sustainable products. Participants mentioned fish processing, networking and innovation as key words they took the most from the summer school.

The collected information is essential for designing the next steps to enhance consumer awareness and behaviour change towards healthier food choices and diverse diets.

Source: https://healthyfoodafrica.eu/wp-content/uploads/HFA_WP6_D6.2_29042022.pdf

